

Peer-Reviewed Manuscripts

1. Zarini GG, Masters J, McLean MA, Strobel CT. Clinical and Anthropometric Improvements with a Tailored Dietary Approach in Pediatric Crohn's Disease. *Altern Ther Health Med*. 2021 Mar 13:AT6717. <https://pubmed.ncbi.nlm.nih.gov/33711815/>
2. Pasula MJ, Nowak J. Particle size measurement in suspensions: Part 1--A laboratory method for exploring food allergies and sensitivities in illness. *Am Clin Lab*. 1999 May;18(4):16-8. <https://pubmed.ncbi.nlm.nih.gov/10539096/>
3. Pasula MJ. Particle size measurement in suspensions. Part 2: An in vitro procedure for screening adverse reactions to foods and chemicals. *Am Clin Lab*. 1999 Oct;18(9):14-5. <https://pubmed.ncbi.nlm.nih.gov/10623324/>
4. Kaczmarek M, Pasula M, Sawicka E, Werpachowska I. MRT test - New generation of tests for food hypersensitivity in children and adults. *Przegląd Pediatryczny*. 1997 (SUPPLEMENT 1):61-65. <http://dietetykametaboliczna.com/publikacje/>

Published Abstracts

1. Linke S, Zarini G, McLean M, Hogan J, Hogan P, Patenaude J. Tailored Dietary Approach for Individuals with Migraine. *Current Developments in Nutrition*, Volume 5, Issue Supplement_2, June 2021, Page 849, https://doi.org/10.1093/cdn/nzab047_012
2. Patenaude J, Zarini G, McLean M, Linke S. Effectiveness of a Tailored Dietary Program in Subjects with Fibromyalgia. *Current Developments in Nutrition*, Volume 5, Issue Supplement_2, June 2021, Page 856, https://doi.org/10.1093/cdn/nzab047_019
3. Braunstein N, Hogan J, Diaz Escamilla R. The Lifestyle Eating and Performance (LEAP) Program for Improving Quality of Life in Women With PCOS: A Pilot Study of Dietitian-Directed Therapy. *Current Developments in Nutrition*, Volume 5, Issue Supplement_2, June 2021, Page 1123, https://doi.org/10.1093/cdn/nzab061_007
4. Patenaude J & Bright D. Clinical improvement of IBS, migraine, fibromyalgia and arthritis using elimination diets based on mediator release blood testing. *Journal of the American Dietetic Association*, Volume 109, Issue 9, Supplement, 2009, Page A32, ISSN 0002-8223. <http://www.sciencedirect.com/science/article/pii/S0002822309008645>
5. Williams F. Use of the LEAP mediator release test to identify non-IgE mediated immunologic food reactions that trigger diarrhea predominant IBS symptoms results in marked improvement of symptoms through use of an elimination diet. *American Journal of Gastroenterology*: October 2004 - Volume 99 - Issue - P S277-S278. https://journals.lww.com/ajg/Fulltext/2004/10001/USE_OF_THE_LEAP_MEDIATOR_RELEASE_TEST_TO_IDENTIFY.847.aspx

Magazine Publications

1. Patenaude J. Behavioral Nutrition Health Roundtable. Obesity in the age of weight neutrality: How are registered dietitian nutritionists responding to the challenge? *Academy of Nutrition and Dietetics. BH Newsletter*, Spring 2020, Volume 37 No. 1, Page 5. https://www.bhndpg.org/wp-content/uploads/2020/07/BHNews-Spring2020_FINAL-2.pdf
2. Pasula M. The patented mediator release test (MRT): a comprehensive blood test for inflammation caused by food and food-chemical sensitivities. *Townsend Letter* – January 2014. <http://dietetykametaboliczna.com/publikacje/>
3. Patenaude J. Inflammation and food sensitivities — successful treatment begins with patient-centered care. *Today's Dietitian*, November 2011 Issue; Vol. 13 No. 11 P. 18. <https://www.todaysdietitian.com/newarchives/110211p18.shtml>
4. Alternative approach to IBS and migraine is winning over providers. *Dis Manag Advis*. 2004;10(1):6-1. <https://pubmed.ncbi.nlm.nih.gov/15007999/>

Poster Presentations/Conferences

1. Linke S, Patenaude J, Zarini GG, McLean MA. Tailored Dietary Approach to Manage Irritable Bowel Syndrome. *Lifestyle Medicine Conference*. Virtual, October 2020.
2. Bethel LJ. Self-assessment of frequency and severity of symptoms with chronic inflammatory conditions following a patient-specific elimination diet and food reintroduction plan. *Florida Dietetic Association Annual Meeting*. Orlando, FL. July 2010.

Publications in Progress/ Preparation

1. Linke S, Zarini GG, McLean MA. Personalized Dietary Approach for Rhinitis and Sinusitis. *Food & Nutrition Conference & Expo (FNCE®)*, 2021. Accepted.
2. Zarini GG, McLean M, Ondreyka J. Tailored Dietary Approach for Inflammatory Skin Disorders. *FASEB Conference: The Nutrition, Immunity, and Inflammation Conference: From Model Systems to Human Trials* – VIRTUAL, 2021. In preparation.
3. Zarini GG, McLean M. Personalized Dietary Management for Individuals with Irritable Bowel Syndrome, 2021. In preparation.